

## Pack me! List of products:



### **Green** (good):

dairy products: Tetra Pak; spreads: plastics; yoghurt, whipped cream etc.: paper-plastic-combination; products without packaging or with reusable packaging

### **Yellow** (critical):

juice and wine in Tetra Pak, deposit (bottles) without refilling; dairy products: plastics (polystyrene/PS); jam and syrup: plastics and glass/non-returnable; fish can (tinplate); (sparkling) wine and hard liquor: glass/non-returnable




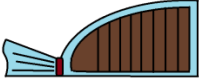


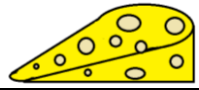
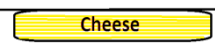
### **Red** (bad):

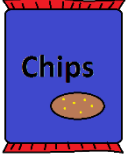


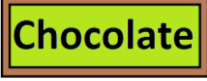







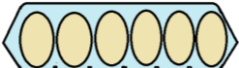


beverages, mineral water: plastic/non-returnable, glass/non-returnable, aluminium

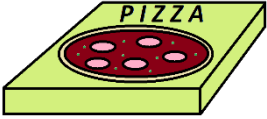



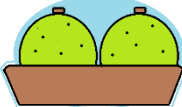
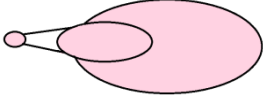
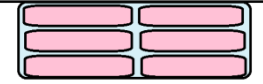
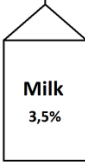




**Cosmetics:** packaging is considered **Green**; except combipacks or unnecessary additional packaging (**Yellow**)











What is considered here is not only the material of the packaging itself and its impacts on the environment but also whether there are better alternatives; e.g. chocolate: paper-aluminium (**Yellow**) vs. paper-PE (**Green**). So Tetra Pak is rated **Yellow** for beverages but **Green** for dairy products due to the lack of alternatives. Also, unnecessary packaging has a negative impact.




This scale and the definitions are based on Greenpeace Austria's [www.marktcheck.at](http://www.marktcheck.at), a database, which collects social and ecological information about groceries and cosmetics

| product   |               | packaging             | rating | returnable | additional packaging |
|---|---------------|-----------------------|--------|------------|----------------------|
|  | apple         | none                  | g      | no         | no                   |
|  | apples        | plastics, cardboard   | y      | no         | no                   |
|  | bread         | none                  | g      | no         | no                   |
|  | bread         | plastics              | y      | no         | no                   |
|  | butter        | aluminium composite   | g      | no         | no                   |
|  | butter        | plastics /plastic cup | y      | no         | no                   |
|  | cheese        | none                  | g      | no         | no                   |
|  | cheese slices | plastics, paper tag   | y      | no         | yes                  |

|   |                    |  |   |    |     |
|---|--------------------|--|---|----|-----|
|    | chips              | aluminium composite                      | g | no | no  |
|    | chips              | aluminium composite, plastics, cardboard | y | no | no  |
|    | chocolate bar      | plastics                                 | y | no | no  |
|    | chocolate bar      | paper, PP-foil/plastics                  | g | no | yes |
|    | chocolate bars     | aluminium foil, paper                    | r | no | yes |
|    | chocolate waffles  | plastics, aluminium                      | y | no | yes |
|   | cookies            | plastics                                 | g | no | no  |
|  | cookies            | plastics, cardboard                      | y | no | yes |
|  | cornflakes         | plastics                                 | g | no | no  |
|  | cornflakes         | paper, plastics                          | y | no | yes |
|  | eggs               | cardboard                                | g | no | no  |
|  | eggs               | plastics                                 | y | no | no  |
|  | energy drink (can) | aluminium                                | r | no | no  |
|  | fish (can)         | tinplate                                 | y | no | no  |

|   |                |                         |   |     |    |
|---|----------------|-------------------------|---|-----|----|
|    | frozen pizza   | plastics, cardboard     | y | no  | no |
|    | lemonade       | plastic bottle          | r | no  | no |
|    | lemonade (can) | aluminium can           | r | no  | no |
|    | lime           | none                    | g | no  | no |
|    | limes          | plastics, cardboard     | y | no  | no |
|    | meat           | none                    | g | no  | no |
|   | meat           | plastics                | y | no  | no |
|  | milk           | Tetra Pak               | g | no  | no |
|  | milk           | PET bottle              | y | no  | no |
|  | mineral water  | glass bottle (reusable) | g | yes | no |
|  | mineral water  | plastic bottle          | y | no  | no |
|  | orange juice   | Tetra Pak               | y | no  | no |

|   |                  |                     |   |    |     |
|---|------------------|---------------------|---|----|-----|
|    | orange juice     | plastic bottle      | r | no | no  |
|    | pasta            | cardboard           | g | no | no  |
|    | pasta            | plastics            | y | no | no  |
|    | pudding          | paper               | y | no | no  |
|   | rice             | cardboard           | g | no | no  |
|  | rice             | plastics            | y | no | no  |
|  | salad            | none                | g | no | no  |
|  | salad            | plastics            | y | no | no  |
|  | sausage          | plastics            | g | no | no  |
|  | sausage (slices) | plastics            | y | no | no  |
|  | smoothie         | plastics            | r | no | no  |
|  | sweet snack      | aluminium composite | y | no | no  |
|  | sweet snacks     | plastics            | r | no | yes |

|  |            |                         |   |    |     |
|--|------------|-------------------------|---|----|-----|
|   | tea        | paper                   | g | no | no  |
|   | tea (bags) | paper, cardboard        | y | no | yes |
|   | yoghurt    | plastics, aluminium lid | y | no | no  |
|   | shampoo    | plastics                | g | no | no  |
|   | shower gel | plastics                | g | no | no  |
|  | shower gel | plastics                | g | no | no  |